

## Programme specification

MSc Promoting Health in Long-Term Conditions  
PG Cert Multi-Professional Approaches to Long-Term Conditions  
PG Cert Health Coaching and Behaviour Change



<i>Faculty:</i>	Faculty of Health and Life Sciences		
<i>Entry from:</i>	2020	<i>In:</i>	September
<i>Awarding Institution:</i>	York St John University		
<i>Teaching Institution:</i>	York St John University		
<i>Delivery Location:</i>	York St John University		
<i>Programme/s Accredited by:</i>	Not applicable		
<i>Exit Awards:</i>	PG Dip Promoting Health in Long-Term Conditions PG Cert Professional Health and Social Care		
<i>UCAS Code / GTTR / Other:</i>	Not applicable		
<i>Joint Honours Combinations:</i>	Not applicable		
<i>QAA Benchmark Group(s):</i>	Not applicable		
<i>Mode/s of Study:</i>	Part-time Full-time		
<i>Language of Study:</i>	English		

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### Introduction and Special Features

The Faculty of Health and Life Sciences offers a suite of postgraduate programmes in the area of professional health and social care. The programmes are a response to both societal changes, including a greater focus on an aging population, more complex care needs, and changing patient expectations, and the Department of Health response to these changes as outlined in recent documentation (e.g., NHS Outcomes Framework 2014/15, Department of Health, 2013; Five year forward view, Department of Health, 2014; The Leadership Qualities Framework For Adult Social Care, Department of Health, 2012). The aims and content of each programme reflect priorities in the NHS and a broader focus on ill-health prevention, patient choice within care settings, and the potential for greater integrated care.

- MSc Promoting Health in Long-Term Conditions
- MSc Enabling Activity and Participation in Dementia
- MSc Leadership for Allied Health Professionals
- MSc Health and Wellbeing for Older People
- MSc Housing and Inclusive Environments
- MSc Quality and Safety in Health and Social Care
- MSc Professional Health and Social Care

The masters are designed for current or aspiring health and social care professionals. The MSc in Promoting Health in Long-Term Conditions includes two specialist modules that focus on the related areas of multi-professional approaches and health coaching. It also includes three research-based modules that emphasise the development of skills that allow practitioners to critically appraise sources of evidence and apply it in order to bring about improvement within a health and social care setting. Study options are available as a Master's degree or Postgraduate Certificate for those who want to gain an understanding of subject matter but do not wish to conduct a full-scale research project or commit to a full masters award.

## Admissions Criteria

You must meet the University's general entry criteria for [postgraduate](#) study. In addition, you would normally have:

- A first or second class undergraduate honours degree in a health and/or social care related subject (with or without relevant experience working in health and/or social care)
- or
- A first or second class undergraduate honours degree in an unrelated area plus relevant experience working in health and/or social care

If your first language is not English, you need to take an IELTS test or an equivalent qualification accepted by the University (see <https://www.yorksj.ac.uk/international/how-to-apply/english-language-requirements/>).

If you do not have traditional qualifications, you may be eligible for entry on the basis of [Accredited Prior \(Experiential\) Learning \(APL/APEL\)](#). We also consider applications for entry with advanced standing.

## Programme Aims

The programme aims to provide education that meets the changing needs of health and social care professionals. This particular programme will enable you to demonstrate a critical awareness of a range of complex issues associated with long-term conditions and behaviour change and critically evaluate evidence in this area so to improve practice. These aims are achieved through demonstration of the programme learning outcomes which are provided below and distinguish between the knowledge and understanding, research and intellectual skills, and professional development skills you will acquire as part of the programme.

## Programme Learning Outcomes

### Level 7

**Students who gain the Postgraduate Certificate Multi-Professional Approaches to Long-Term Conditions or Postgraduate Certificate Health Coaching and Behaviour Change will have demonstrated the following:**

Knowledge and understanding:

- A systematic understanding of knowledge related to long-term conditions and/or health coaching.
- A critical awareness of current problems and/or new insights at the forefront of long-term conditions and/or health coaching.
- Ability to synthesise, critique, and apply knowledge to novel and complex problems related to long-term conditions and/or health coaching.

Research and intellectual skills:

- Discerning application of evidence in planning positive change in a health and/or social care setting.
- A critical understanding of established and novel methodological approaches and techniques of research in a health and/or social care setting.

Professional development skills:

- Effective communication of complex ideas to a range of specialist and non-specialist audiences, specifically including clients, patients, and other professionals.
- Self-direction and originality in tackling and solving problems, and the ability to act autonomously in planning and implementing tasks.

- Initiative and critical reflection on professional and academic practice.

**In addition, students who gain the Postgraduate Diploma PG Dip Promoting Health in Long-Term Conditions will have demonstrated:**

Research and intellectual skills to:

- Ability to critically evaluate contemporary research and methodologies utilised in the area of long-term conditions and health coaching to create novel research questions.

**In addition, students who gain the MSc Promoting Health in Long-Term Conditions will have demonstrated:**

Research and intellectual skills to:

- Ability to plan, conduct, report, and evaluate a sustained piece of original research in the area of long-term conditions and health coaching.

## Programme Structure

### Modules for the Programme

Code	Level	Semester	Title	Credits	Status of Module*		
					Postgraduate Certificate Multi-Professional Approaches to Long Term Conditions	Postgraduate Certificate Health Coaching and Behaviour Change	MSc
PHC7001M	7	1 or 2	Multi-Professional Approaches to Long-Term Conditions	30	NC		NC
PHC7015M	7	1 or 2	Research Methods	30			X
PHC7010M	7	1 and 2	Evaluating Evidence and Effecting Change	30	NC	NC	X
PHC7016M	7	2 and 3	Research Paper	60			X
PHC7002M	7	1 or 2	Health Coaching and Behaviour Change	30		NC	NC

NC – non-compensatable

X - compensatable

## Teaching, Learning and Assessment

In order to support achievement of the programme learning outcomes each module provides a range of approaches to teaching, learning, and assessment. Teaching will take place in an inter-professional setting where you will have the opportunity to share and reflect on professional experiences. You will also take part in small group-based activities such as seminars, group discussions, tutorials, and workshops. Guided by the Faculty's Technology-Enhanced Learning Framework, the VLE will also be used to provide a flexible means of using course materials independently and with support from staff. VLE activities include webinars, discussion forums, and quizzes. There will be a mix of direct timetabled hours at the University and contact through the VLE online platform. A range of supportive open learning tasks will allow you to gain feedback within each module and prepare you for assessed work. The assessments are dependent on the modules that are part of the programme and can include case studies, portfolios, essays, vivas, implementation plans, research proposals and an independent piece of research.

## Progression and Graduation Requirements

The University's [general regulations for postgraduate awards](#) apply to this programme.

Any modules that must be passed for progression or award are indicated in the Programme Structure section.

## Internal and External Reference Points

This programme specification was formulated with reference to:

- [University Mission Statement](#) [see page two]
- [Strategic Plan 2015-20](#) [see page four]
- [QAA subject benchmark statement](#)
- [Framework for Higher Education Qualifications](#)
- [QAA Master's degree characteristics](#)

## Further Information

Further information on the programme of study may be obtained from:

- Admissions entry profile (Admissions)
- Programme validation document (Registry – Academic Quality Support)
- Regulations (Registry – Academic Quality Support)
- Student programme handbook (faculty)
- Module handbooks (faculty)

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*Date written / revised: 27/04/15*